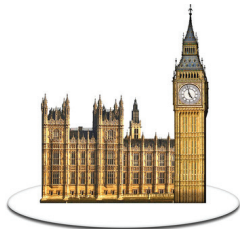




Improving Access to Psychological Therapies for people with learning disabilities



Helping people with learning disabilities get support for their mental health



Improving Access to Psychological Therapies (IAPT) is a project run by the Government.



IAPT is part of the National Health Service (NHS).



Counselling is where you talk about how you feel to someone who is trained to help you.



Sometimes people feel unhappy or sad and talking about these feelings can help them feel better.



We are working with IAPT services to see if we can make counselling easier to access for people with learning disabilities.

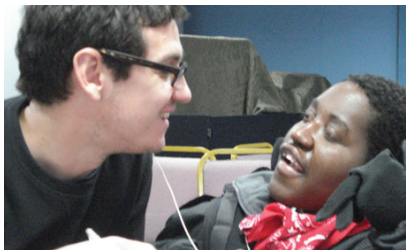


For more information please get in touch with:

Christine Burke

cburke@learningdisabilities.org.uk

	<h1>An Ordinary Life</h1>
	<p>Helping children who need technology to keep healthy</p>
	<p>Some people have lots of health issues when they are born and they need help from wheelchairs, medicines and other equipment to keep them alive and healthy.</p>
	<p>We interviewed children and their families about their support.</p>
	<p>We wrote down their stories in a booklet which you can download from our website.</p>
	<p>We want to help families to find out about new ways of helping their children to be happy and healthy.</p>
	<p>The project ends in 2014.</p>
	<p>We will write some more advice for families about how to get the best support for their children.</p>
	<p>For more information please get in touch with: Jill Davies jdavies@learningdisabilities.org.uk</p>



Quality Futures



Helping people to connect to their families



Quality Futures is a project in Kingston.



It supports people who do not live with their families.



We wanted to help people to connect with their families and friends if they do not see them very often.



Some people want to move to a different home.






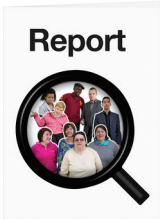
We talked to them about how they may do this and where they would like to live.



For more information please get in touch with:
Christine Towers
ctowers@learningdisabilities.org.uk



foundation for
people with
learning disabilities

	<h1>Day Opportunities and Day Services</h1>
	<p>Helping people with learning disabilities have better days</p>
	<p>We worked with the Norah Fry Research Centre on this project.</p>
	<p>We wanted to find out how to make sure people with learning disabilities had good support in day services.</p>
	<p>We ran workshops and read information to see how people with learning disabilities could be part of their communities.</p>
	<p>We wrote some information with the Social Care Institute for Excellence.</p>
	<p>This information was to help services think how to help people 'have a good day'.</p>
	<p>For more information please get in touch with: Molly Mattingly mmattingly@learningdisabilities.org.uk</p>

Community Learning Disability Teams

need to check this page



For more information please get in touch with:

Jill Davies

jdavies@learningdisabilities.org.uk