

Things I Feel In My Body

If you have felt these things, put a tick in the box



Pain in my tummy



My breathing was difficult



Pain in my head



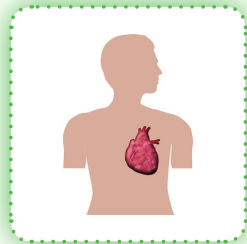
I was sick



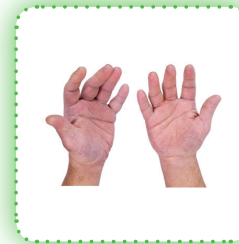
Voices in my head



Not sleeping



My heart beating faster



My hands were sweaty