

# Working with Children and Young People

Courses and Consultancy  
from the Foundation  
for People with  
Learning Disabilities

*If every child matters, what about children and young people with learning difficulties and disabilities?*

## How can we help you?

Let us help you put policy into practice, supporting children and families with differing needs and cultures to lead fulfilling lives. Our team of highly experienced consultants can provide tailored consultancy and training services to suit your needs, wherever you work.

We are a dynamic team of experienced practitioners, managers, researchers, self advocates and family experts working with organisations across the UK and internationally to improve the quality of life of people with learning disabilities. We use research, knowledge of good practice and policy to deliver tailor-made consultancy services. Our staff and consultants have substantial expertise in the field of learning disabilities. We are innovative, flexible and creative. We work with local authorities, the voluntary and private sectors, the National Health Service, parent groups and self advocates to provide tailor-made solutions.

We offer competitive consultancy rates, based on agreed daily charges.

## 1. Children and family centred support in different stages of childhood

*We believe it is essential to see the child or young person in the context of their family and community, and to consider the family's support needs as a whole. We can offer support with:*

- reviewing the services and support for all children and young people to ensure they are inclusive of young disabled people
- developing early support programmes – including attention to fathers' roles in the family
- developing person centred planning, circles of support and key working



For more information  
about our services,  
please contact:

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Foundation for People  
with Learning Disabilities

- developing self- and family-directed support, including direct payments and other ways of increasing choice and control
- developing local options for children and young people with more complex needs, including autism and complex health needs
- person centred approaches to transition.

### **2. Emotional wellbeing and mental health**

*Our research shows the importance of attention to emotional wellbeing and mental health in enabling children and young people to have fulfilling lives. We can offer support with:*

- promoting emotional well being
- consulting young people and developing peer support
- developing inclusive child and adolescent mental health services.

### **3. Building inclusion in education and community**

*More children and young people with learning disabilities are now attending mainstream schools. We can offer support to schools and community services through:*

- training teachers and teaching assistants
- work with pupils and staff to improve inclusion
- training youth and children's workers on disability awareness (including autism).

### **4. Leadership and children, young people and families**

*We believe strongly in the value and importance of developing leadership skills in young people and families – they are key agents for change. We can help with:*

- involving young people as consultants
- leadership training for young people
- families leading planning
- family leadership development.