

# Leadership for young people

## Why 'leadership?'

Too often young people with learning disabilities are used to everyone else making decisions for them. Our workshops, about planning for life after school (often called transition), are called 'Learning 4 Leadership at Transition' because we want to encourage young people to be in the driving seat, right from the start.

We have developed a programme of eight workshops to be delivered to groups of young people who are ready to leave school or college.

The programme involves eight sessions over a period of four to five months. This gives participants time to assimilate the information from each session. We are very flexible in our approach and they can be tailored to suit all needs.

The courses cover:

- What is a leader?
- Having a good life
- Person centred planning
- Speaking up for myself
- Looking after my health
- Into work
- Action planning

We invite parents/supporters along to a number of sessions, especially for those with higher support needs, so that they are involved in their learning and planning. The sessions usually coincide with outside speakers in order to create links with professionals and organisations who may be able to offer support and information after the participant has left school or college.



If you are interested in commissioning or finding out more about the Learning 4 Leadership at Transition programmes please contact:

**Jill Davies**  
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0207 803 1141

**Christine Burke**  
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Or look at our website

[www.learningdisabilities.org.uk/help-information/](http://www.learningdisabilities.org.uk/help-information/)

Please note, on the reverse is an easy read version of this flyer should you wish to explain the course to your students.

# Are these important to you?



Speaking up for myself



Getting the right support



Having a person centred plan & circle of support



Having more choice and control in your life



Having a job



Keeping in touch with friends



Living in my own home

If you have answered **YES** to any of these you may be interested in some workshops we will be running. They are called **Learning 4 Leadership.**



foundation for  
people with  
learning disabilities

