



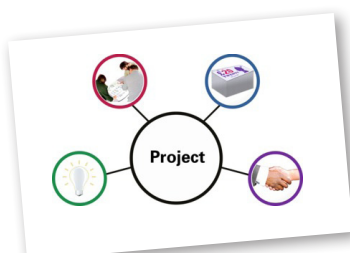
Foundation Stones Newsletter



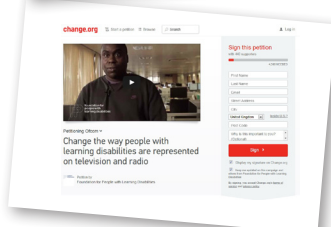
A newsletter from the Foundation for People with Learning Disabilities.



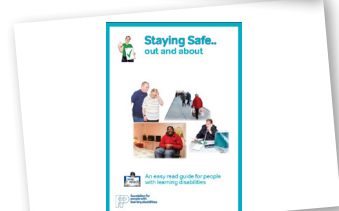
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Our bullying, harassment and hate crime project

Work to help stop bullying and hate crime towards people with learning disabilities



We worked with Lemos and Crane on a 3 year project called 'Voice and Community'.



We wanted to find out more about what people with learning disabilities thought about bullying, harassment and hate crime.



We made some resources to help people think about how to keep safe from bullying, harassment and hate crime.



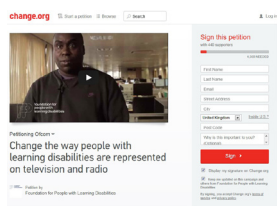
We also made a video and wrote a petition asking for people with learning disabilities to be shown in a more positive way in programmes.



Find out more about this project on our website
www.learningdisabilities.org.uk



Or get in touch with us at:
fpld@learningdisabilities.org.uk



Our petition to Ofcom



A letter asking Ofcom to make sure people with learning disabilities are shown in a more positive way on television and radio



We want people with learning disabilities to have a more equal voice and for people to understand what it means to have a learning disability.



We think this will help change how people think about people with learning disabilities.



We wrote this letter asking Ofcom to make sure people with learning disabilities are shown in programmes in a positive way.



You can support us and sign this petition. Watch our video to find out more.



To sign this petition please visit the website below:
www.change.org/petitions



For more information please get in touch with us at:
fpld@learningdisabilities.org.uk



How to stay safe when you are out and about

An easy read guide

We wrote an easy read guide to help people think about how they can keep safe when they are out and about.

We worked with people with learning disabilities to write this guide.

There are three parts:

1. how to keep safe
2. what to do when something happens
3. what to do after something happens

We looked at keeping safe from:

- mate crime
- being at home
- being at work
- when out and about

To read this guide please visit our website:
www.learningdisabilities.org.uk

For more information please get in touch with us at:
fpld@learningdisabilities.org.uk



How to stay safe online

An easy read guide

We think using social media and the internet can be really positive for people.

But some people are worried about using the internet as they hear stories of people being treated badly.

We wrote a guide to using emails, Facebook, Twitter and Skype to help people think about how they can keep safe when using them.

To read our guide please visit our website:

www.learningdisabilities.org.uk

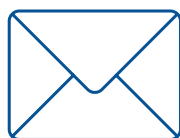
For more information please get in touch with us at:

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Get in touch with us



If you do not want to get any more of these newsletters, please let us know by Phone, Email, or Post.



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Found out more
about our work on:
www.fpld.org.uk



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